

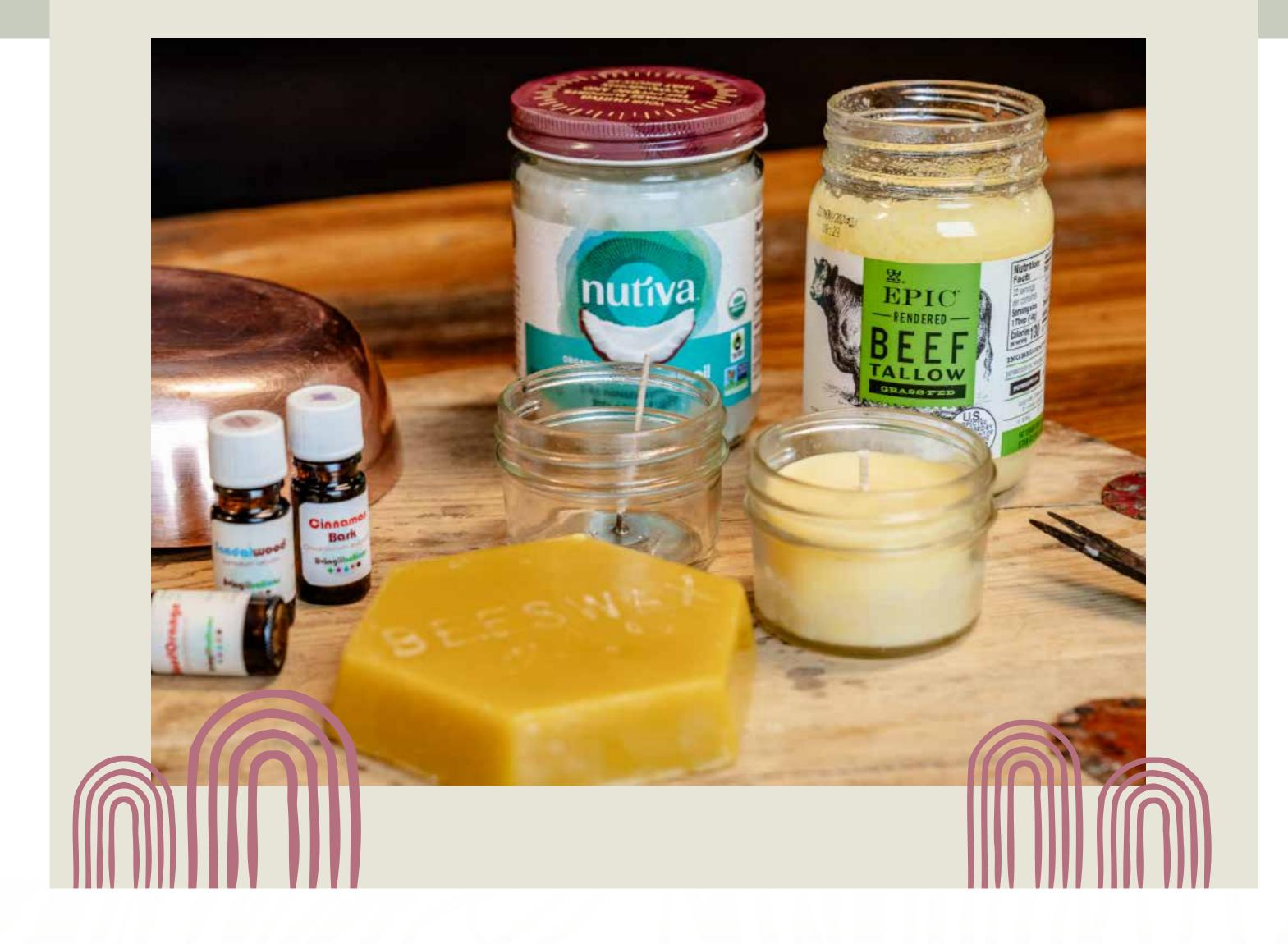




CUSTARD JAR TALLOW CANDLE

YIELD: ONE CANDLE | PREP TIME: 20 MINUTES

Enhance the health and happiness of you and your loved ones' space with our candle-making craft!
Show you care by creating candles that not only ignite romance but also contribute to overall well-being.
What's a more loving gesture than that?



INGREDIENTS

4 Tbsp. Epic beef tallow

½ oz beeswax (about 1/12 of a beeswax block)

¹/₂ Tbsp. Nutiva coconut oil

15–20 drops Living Libations essential oil of your choice

1 Redmond House Made custard jar

1 wick (Cotton, beeswax wick, wood wick or hot glue and twine)

PROCESS

- **01** Measure out the tallow and coconut oil into a pan. Shred the beeswax using a cheese grater and add to the same pan.
- 02 Warm the pan over low heat to begin melting the ingredients, about 10 minutes. Stir continuously to avoid burning and

ensure the mixture doesn't bubble.

03 Once fully melted, dip the base of your cotton or wood wick into the mixture until the wick tab is submerged, and then place the wick at the center of the bottom of the custard jar. Wax should harden quickly (about 30 seconds) since it is a minimal amount; just make sure the wick won't fall over before removing your hand from the wick. If you are using twine, hot glue the end of the twine to the bottom of the custard jar.

04 Position two pens or butter knives on either side of the wick to hold it up straight.

- 0 5 Add essential oil of choice into the melted mixture in the pan and stir until combined. Transfer to a glass measuring cup.
- 06 Pour the mixture into the custard jar. Be sure to avoid knocking over the items keeping your wick upright. Fill it as much as you'd like, but no higher than the ridge closest to the top of the jar!

O7 Allow your candle to harden for at least 6 hours (though a full 24 hours is best). Light and celebrate! Each candle has a burn time of 10–12 hours.

BENEFITS OF INGREDIENTS

Creating candles with a blend of beeswax, tallow, and coconut oil offers a unique synergy of benefits. Beeswax not only releases fewer pollutants than commercial candles, but also emits negative ions, purifying the air and carrying a light honey fragrance. Tallow, a sustainable by-product, ensures a clean burn without petrochemicals, drawing from centuries of candle-making tradition.

Coconut oil contributes to an extended burn time and heightened scent throw. Incorporating 100% pure essential oils not only provides pleasing aromas but also offers aromatherapy benefits, free from the potential endocrine disruption that may come with synthetic fragrances. This thoughtful combination results in a sustainable, purifying, and wellness-oriented candle experience.



