

FARM KITCHEN MENU

SANDWICHES

FARM BURGER

grass-fed burger topped with raw cheese and the works: tomato, lettuce, onion, pickles, and house-made mayo. served on a house-made whole wheat brioche bun.

9.29

TURKEY SANDWICH

Organic sliced turkey, mayo, lettuce, tomato, onion, cucumber, bell pepper, Real Salt, and black pepper served on our Farm Bread.

9.49

VEGGIE SANDWICH

Organic avocado, vegemaise, lettuce, tomato, onion, cucumber, bell pepper, Real Salt, and black pepper served on our Farm Bread.

8.49

GRILLED CHEESE

Farm Bread grilled with Redmond Heritage Farms raw cheddar mix, Real Salt, pepper, and a touch of Extra Virgin Olive Oil.

3.99

TOASTS

AVOCADO TOAST

Toasted Farm Bread topped with chipotle lime mayo, avocado, Real Salt, and pepper.

5.99

PB & BANANA TOAST

Toasted Farm Bread topped with freshly ground peanut butter mixed with a touch of Real Raw Honey, sliced banana, and a sprinkle of cinnamon.

4.99

VEGGIE TOAST

Toasted Farm Bread topped with garlic & dill cream cheese, tomato, and cucumber.

4.99

MAKE IT A COMBO!

Add a cup of soup to any sandwich or salad for 2.99

SALAD

GRILLED CHICKEN

Organic greens topped with grilled free-range chicken, cucumber, tomato, bell pepper, red onion, and balsamic vinaigrette.

9.99

SMOOTHIES

BERRY CITRUS

Organic apple juice, organic mixed berries, lemon, and chia seeds.

7.39

GREEN SUPREME

Avocado, kale, spirulina, banana, raw honey, and coconut hemp milk.

8.99

PB BANANA PROTEIN

Organic milk, banana, freshly ground peanut butter, Real Salt, vanilla extract, and choice of vanilla or chocolate whey protein powder.

7.49

WHEATGRASS

Local organic wheatgrass juiced to order.

1 OZ: 2.50

2 OZ: 4.00

MILK

CHOCOLATE

Organic milk blended with organic raw cacao powder, organic coconut sugar, and ice.

16 OZ: 5.50

Redmond Heritage Farm Store
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